

Downsell

PRIMARY SCHOOL

Learning Today, Leading Tomorrow



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28th June, 2020

Dear Parents/Carers,

It is a requirement of the National Curriculum Science Programme of Study that all Year 5 and Year 6 children should be taught about:

Animals, including humans

- to describe changes as humans develop to old age
- to learn about the changes experienced in puberty

To cover this requirement, the Year 6 team will be having Boy/Girl talks this term on **Tuesday 14th July** during the normal school day.

These talks will be with single gender groups – Mr Rogers and Mr Cooke will talk with the boys and Ms Soar will talk with the girls. The talks will not involve any discussions about SRE or Reproduction of Humans.

These talks will take approximately one hour. In that time the talks will include:

1. Pupils drawing a timeline to indicate stages in the growth and development of humans from baby to older adult.
2. Discussion of changes in bodies during puberty (girls changes for girls, boys changes for boys).
3. Discussion of changes in mood during puberty (again separately) due to hormone changes.
4. How to maintain hygiene - how to wash effectively; and how often to wash; use of deodorants after washing; oral hygiene – frequency and effectiveness of brushing teeth.
5. Personal zones on the body nobody else should touch.
6. Menstruation: what it is and how to manage it (for girls).
7. Questions and answers within the brief stated above.

Many thanks and best wishes,
The Year 6 team

My child _____ in Class _____

I will/will not be attending the Boy or Girl talks on Tuesday 14th July 2020 (delete as appropriate)

Parents Name: _____

Parents Signed _____

Date: _____

